



*move well • feel well • be well*

CHIROPRACTIC MASSAGE NUTRITION

# Values

1. Abundance
2. Achievement
3. Adoration
4. Adventure
5. Affection
6. Affluence
7. Agility
8. Amusement
9. Appreciation
10. Balance
11. Beauty
12. Being the best
13. Bliss
14. Candour
15. Care
16. Celebrity
17. Certainty
18. Challenge
19. Charm
20. Clarity
21. Comfort
22. Completion
23. Conformity
24. Congruency
25. Connection
26. Consistency
27. Contentment
28. Continuity
29. Contribution
30. Control
31. Courage
32. Credibility
33. Deference
34. Delight
35. Depth
36. Dignity
37. Direction
38. Dreaming
39. Drive
40. Duty
41. Economy
42. Ecstasy
43. Education
44. Elation
45. Encouragement
46. Endurance
47. Energy
48. Enjoyment
49. Entertainment
50. Excellence
51. Excitement
52. Exhilaration
53. Expertise
54. Faith
55. Fame
56. Family
57. Fashion
58. Financial Independence
59. Fitness
60. Flow
61. Focus
62. Freedom
63. Fun
64. Grace
65. Growth
66. Harmony
67. Health
68. Honesty
69. Honour
70. Hospitality
71. Humour
72. Imagination
73. Impact
74. Independence
75. Ingenuity
76. Integrity
77. Intelligence
78. Intensity
79. Intimacy
80. Joy
81. Justice
82. Knowledge
83. Leadership
84. Learning
85. Legacy
86. Liberty
87. Logic
88. Longevity
89. Looking good
90. Love
91. Making a difference
92. Mastery
93. Motivation
94. Nature
95. Order
96. Passion
97. Peace
98. Piety
99. Poise
100. Power
101. Privacy
102. Reason
103. Recreation
104. Reflection
105. Relaxation
106. Resolution
107. Respect
108. Rest
109. Ritual
110. Satisfaction
111. Security
112. Service
113. Silence
114. Speed
115. Spirit
116. Stillness
117. Strength
118. Structure
119. Success
120. Support
121. Surprise
122. Teamwork
123. Thrift
124. Trust
125. Truth
126. Understanding
127. Unity
128. Variety
129. Victory
130. Vision
131. Vitality
132. Wealth
133. Winning
134. Wisdom
135. Wonder